

LESSON PLANS		WEEK OF:		March 15, 2010			
Period	2nd 9:08 - 9:58	10:00 - 10:25, 10:25 - 11:00	10:55 - 11:20, 11:20 - 11:45	5th 11:47 - 12:37	1:05 - 1:30	7th	8th
Subject	SILT	Elementary PE	Elementary PE	NOON SUPERVISION	Elementary PE	Jr. High PE	Jr. High Activities
Grade(s)		5th/6th PE			K	7/8 PE	7 & 8
NE SS#							
ond	Objective	Perform various motor skills	Perform various motor skills		Perform various motor skills	Improve the 5 Components of fitness/Pickle Ball	Complete assigned track activities or exercise stations....weather dependent!
	Activity	Motor Skill lines	Motor Skill lines		Motor Skill lines	Various fitness activities/weights/pickelball/ping pong	track events
	Assign	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability		participate in class activity to the best of student's ability	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability
NE SS#							
esd	Objective	Apply Paddle skills in a game	Apply Paddle skills in a game		Apply Paddle skills in a game	Improve the 5 Components of fitness/Pickle Ball	Complete assigned track activities or exercise stations....weather dependent!
	Activity	Table Tennis (Ping Pong), Pickel Ball	Table Tennis (Ping Pong), Pickel Ball		Table Tennis (Ping Pong), Pickel Ball	Various fitness activities/weights/pickelball/ping pong	track events
	Assign	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability		participate in class activity to the best of student's ability	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability
NE SS#							
ines	Objective	Apply Paddle skills in a game	Apply Paddle skills in a game		Apply Paddle skills in a game	Improve the 5 Components of fitness/Pickle Ball	Complete assigned track activities or exercise stations....weather dependent!
	Activity	Table Tennis (Ping Pong), Pickel Ball	Table Tennis (Ping Pong), Pickel Ball		Table Tennis (Ping Pong), Pickel Ball	Various fitness activities/weights/pickelball/ping pong	track events
	Assign	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability		participate in class activity to the best of student's ability	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability
NE SS#							
ursc	Objective	Apply Paddle skills in a game	Apply Paddle skills in a game		Apply Paddle skills in a game	Improve the 5 Components of fitness/Pickle Ball	Complete assigned track activities or exercise stations....weather dependent!
	Activity	Table Tennis (Ping Pong), Pickel Ball	Table Tennis (Ping Pong), Pickel Ball		Table Tennis (Ping Pong), Pickel Ball	Various fitness activities/weights/pickelball/ping pong	track events
	Assign	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability		participate in class activity to the best of student's ability	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability
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	Assign	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability		participate in class activity to the best of student's ability	participate in class activity to the best of student's ability	participate in class activity to the best of student's ability